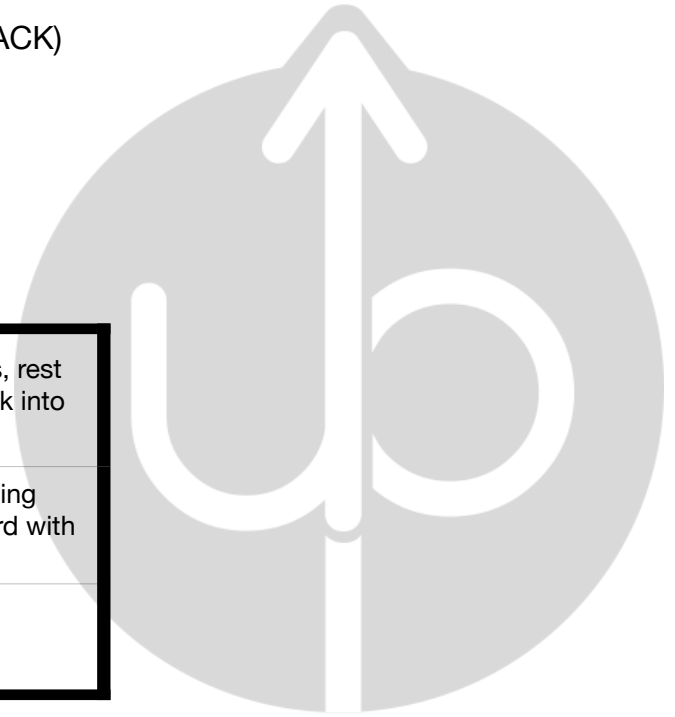


WILD WILD LOVE by PITBULL (ft. G.R.L.)

3:22 **STRENGTHDURANCE UPPER** (BACK)



Learn Level			
Burn Level			



1	Step one leg back into straight leg lunge, hinge from the hips, rest one weight on front quad, same arm as straight leg pulls back into back row. 12x. Triple pulse back row, 4x
2	Feet together in narrow stance, hinge forward with palms facing each other perform narrow row then stand, then hinge forward with palms facing knees and perform wide row. Alternate rows.
3	Hold hinge, single wide rows.

Quick Look	123 123
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MOVE	LYRICS	REPS/ COUNTS	NOTES
Intro	Oh this wild wild love of ours...	64 cts	Preview move 2
1	Ladies and gentleman...	1 round / 80 cts	Right arm
2	Oh-oh this wild wild love of ours...	4x / 32 cts	
3	Instrumental (For better or worse...)	8x / 32 cts	
Filler	Instrumental	8 cts	
1	Not only am I client I'm the player president	1 round / 80 cts	Left arm
2	Oh-oh this wild wild love of ours...	8x / 64 cts	Rep change
3	Instrumental (Mr. Worldwide)	8x / 32 cts	